



# Preceptee

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At UCLH, the preceptorship programme is mapped against the CapitalNurse preceptorship framework and focuses on transferable and non-technical skills. UCLH has retained the CapitalNurse quality mark since 2017. It is a 12-month programme and consists of six formal study days delivered by a faculty of subject matter experts, action learning, and support in practice from the nursing education team.

### Tell us about your experience of the preceptorship programme

I am currently a preceptee undertaking the trust's preceptorship programme, which I will complete in June 2022. Preceptorship has helped me through a lot of change and anxiety, mainly brought on by the COVID-19 pandemic. It provides a space to be honest and acknowledge my gaps in knowledge and seek ways to overcome them, as well as provoke thinking from different perspectives.

With the support of my preceptor, manager, and nursing education team, I have been able to improve my time management, prioritise my workload more effectively, and structure my handover using tools and strategies that work for me.

I have really enjoyed learning about human factors, civility in the workplace, deteriorating patients, and understanding how polices support the decisions I make and are evidence-based. Preceptorship has given me the confidence to advocate for my patients and be able to work effectively with the multi-disciplinary team. I really feel it is a good foundation into my professional lifelong learning.

### Advice for a new preceptee?

Be organised, reflect to help you embed your practice, and apply what you learn into practice.



***Preceptorship is an additional layer of support with someone advocating for you.***



**Celebrating  
Preceptorship**



**National  
Preceptorship  
Framework for Nursing**