



Preceptee

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What has the impact of preceptorship been on you personally?

Preceptorship is a wonderful programme that puts the newly qualified registrants into a comfort zone by providing enough trainings in their fields. I was working in the outpatient department before I started my training to be a nursing associate. When I moved on to the wards for training, it was a completely different world, and it took me some time to get adjusted with the routine. Due to the nature of the nursing associate training programme, working full time in healthcare, as well as incorporating academic work and maintaining family-work-life balance, was too hard and overwhelming for me. I was never able to fully engrave my duties and responsibilities into my brain.

In my trust, preceptorship is an intense but relaxed programme, which gave me the opportunity to understand and evaluate everything about nursing by actually participating in various projects and scenarios. It supported me to gain confidence to be an independent practitioner with a structured approach to my actions, while I was in the transition from being a trainee nursing associate to becoming a registered nursing associate.

As part of my preceptorship, I conducted an improvement research project regarding the completion of a fluid balance chart, and the response and outcome were excellent. Subsequently, it was deemed necessary research as it revealed various fields of action that enable staff to complete the fluid balance chart properly. The amazing part was that the research module in the preceptorship of our trust was nominated for the Nursing Times Workforce Award 2021 and I was honoured to be part of that.

Advice for a new preceptee?

This is an excellent programme that emphasises values of the code and will help you to build confidence, which you need in your journey as a registered practitioner.

Advice for a new preceptor?

Make use of the available training so that you can guide and build a group of confident registered practitioners with underpinning knowledge of what they are doing and why they are doing it.



Very structured and essential programme for starters."



**Celebrating
Preceptorship**



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