### The Student Nurse journey towards Preceptorship

#### What is Preceptorship?

The purpose of preceptorship is to provide support, guidance and development for all newly-registered practitioners to build confidence and develop full competence as they transition to autonomous professionals. (National Preceptorship Programme, 2022)

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### Who is Preceptorship for?

Preceptorship is for all newlyregistered nurses and nursing associates in the first 12 months.



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### What does Preceptorship involve?

You will have protected time to undertake a structured preceptorship programme. A preceptor will be allocated to you when you join your new organisation and they will meet with you regularly throughout to support you.



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### Finding out about Preceptorship

When you are choosing your first role as a registrant, find out what the organisation provides during preceptorship. This may include skills development, integration into the new setting, health and wellbeing initiatives and pastoral support. Ask about their preceptorship programme and policy and read the National Preceptorship Framework for Nursing.



## Benefits of Preceptorship for you

Preceptorship will help you feel valued, respected and invested in as you grow during the first year post-registration. The support you receive will help you to develop your confidence, understand how the organisation works and how to navigate it, and build your career as a nurse or nursing associate.



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### Your Preceptor

Your preceptor is an experienced professional who will support you throughout your preceptorship period. They will meet with you regularly and facilitate introductions to others. They will guide your personal and professional development and provide feedback.

Now is the time to start thinking about **preceptorship** and what it means to you as a student nurse looking for your first role as a newly-registered nurse.





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# Preparing for Preceptorship

Think about what you want to get out of preceptorship and your first year. Don't be afraid to ask questions and seek help. Make connections and take opportunities to develop. Consider the support you would like and remember your preceptor is there to support you through the first year.



### **Starting Preceptorship**

When you start your new role, you will be allocated to a preceptor in the same area. You will arrange to meet them in the first couple of weeks so you can find out about each other and look at the best way of planning your learning during the preceptorship period.



